

# Weekly Bulletin

Sterling Public Schools

April 12-18, 2014

**Saturday** ACT Test Date  
**April 12** Prom @ Classics in Beatrice – 7:30 p.m. – *more information below*  
Post Prom @ Champions in Lincoln – *more information below*

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**Monday** Breakfast Menu: Egg Taco or Cereal/WG Muffin, juice, milk  
**April 14** Menu: Chicken Tenders, mashed potatoes w/gravy, corn, pineapple tidbits  
Freeman HS Quiz Bowl @ Freeman – 6 p.m. Van leaves at 5 p.m.  
Track practice after school

**Tuesday** Breakfast Menu: French Toast Sticks, Sausage or Cereal/Sausage, fruit, milk  
**April 15** Menu: Mini Corn Dogs, tator gems and/or swt. tator gems, baked beans, pears  
Lewiston Invite @ Pawnee City – 9:30 a.m. Bus leaves at 7:39 a.m.

**Wednesday** Breakfast Menu: Cereal, WG Toast, fruit, milk  
**April 16** Menu: Chili Soup, cinnamon roll, romaine lettuce salad, mandarin oranges  
Track practice before school - TBA  
SkillsUSA Convention in Omaha – Bus leaves at 8:15 a.m.

**Thursday** Breakfast Menu: Breakfast Bar or Cereal/WG Muffin, fruit, milk  
**April 17** Menu: Chicken Fajita, peas, rice, peaches  
JH Track Meet @ Pawnee City – 10 a.m. Bus leaves at 8:15 a.m.  
Track practice after school  
SkillsUSA Convention in Omaha

**Friday** Breakfast Menu: Sausage Gravy Over WG Biscuits or Cereal/WG Toast, juice, milk  
**April 18** Menu: Pizza, green beans, applesauce  
**EARLY DISMISSAL – 2 p.m.**  
Track practice after school  
SkillsUSA Convention in Omaha

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• Prom will be held in Beatrice at the Country Club. Photo shoot time: 6:30 - 7:30 p.m.

Coronation: 7:30 p.m.

Candidates:

King: Derek Julian, Trey Trauernicht, & Matt Wirthele Queen: Jordan Lempka, Chelsea McDonald, and Brielle Salberg

Dinner immediately following coronation

## **POST PROM & TRANSPORTATION**

There will be a chartered bus that is available for all students/dates. The bus will be at the school by 5:20 p.m. Students may ride the bus to Prom. Students may choose to drive themselves to Beatrice, but they must ride the bus from Prom to Post Prom and back to Sterling. Safety for our students comes first, especially since Prom is in Beatrice & Post Prom in Lincoln at Champions.

The students can bring the "post prom" clothes & they will be locked on the charter bus. The students can then leave their tuxes/dresses locked on the bus during Post Prom. The bus will arrive back in Sterling around 4 a.m.

More information on the back

\* USDA is an equal opportunity provider and employer

**Lewiston Invitational @ Pawnee City – April 15, 2014**

**Meet Director:** Fred Ivey  
**Field Supervisor:** Adam Ronnfeldt  
**Meet Announcer:** Dr. Bruce McCoy  
**Press Box:** Jeff Bacon and Hannah Christen  
**Starter:** Steve Nolte  
**Clerk of Start:** Dayna Anderson and Scott Kraus  
**Clerk of Finish:** Fred Ivey  
**Finish Line:** Brianna Barker and Brooke Wehrbein  
**Press Box Courier:** Cydney Howell  
**Jury of Appeals:** Jim McLaughlin (Freeman), Doug Goltz (FCSH), Luke Boldt (Sterling)  
**Exchange Zones:** HTRS, LCC, Wilber-Clatonia

**PAWNEE CITY JUNIOR HIGH INVITATIONAL**  
 APRIL 17, 2014

**ORDER OF EVENTS**

9:30 A.M. Scratch Meeting  
 10:00 A.M. Series 1  
 Boys and Girls Discus  
 Boys Long Jump  
 Girls Triple Jump  
 Girls High Jump  
 Boys Pole Vault  
 Boys and Girls Shot Put  
 Series 2  
 Girls Long Jump  
 Boys Triple Jump  
 Boys High Jump  
 Girls Pole Vault

**ORDER OF EVENTS**

**FIELD EVENTS**  
 Boys Discus followed by Girls Discus  
 Girls Shot Put followed by Boys Shot Put  
 Girls Long Jump followed by Girls Triple Jump  
 Boys High Jump followed by Girls High Jump  
 Boys Pole Vault followed by Girls Pole Vault  
 Boys Triple Jump followed by Boys Long Jump  
 (RUN BY)  
 Sterling & Diller-Odell  
 Johnson-Brock & HTRS  
 Wilber-Clatonia & OCA  
 LCC & Parkview Christian  
 FCSH  
 Freeman & Freeman/Cornerstone

12:30

**RUNNING EVENTS**  
 Girls/Boys 3200 Meter Relay  
 Girls/Boys 100 / 110 Meter Hurdles  
 Girls/Boys 100 Meter Dash  
 Girls/Boys 400 Meter Dash  
 Girls/Boys 3200 Meter Run  
 Girls/Boys 200 Meter Dash  
 (15 – 30 minute break)

**ORDER OF RUNNING EVENTS**  
 (To start around 12:15—No Finals)

Girls 800 meter relay  
 Boys 800 meter relay  
 Girls 1600 Meter Run  
 Boys 1600 Meter Run  
 Girls 100 Meter Hurdles (30")  
 Boys 110 Meter Hurdles (33")  
 Girls 100 Meter Dash  
 Boys 100 Meter Dash  
 Girls 400 Meter Dash  
 Boys 400 Meter Dash  
 Girls 300 Meter Low Hurdles  
 Boys 300 Meter Low Hurdles  
 Girls 200 Meter Dash  
 Boys 200 Meter Dash  
 Girls 800 Meter Run  
 Boys 800 Meter Run  
 Girls 400 Meter Relay  
 Boys 400 Meter Relay  
 Girls 1600 Meter Relay  
 Boys 1600 Meter Relay

\*The eight fastest times from preliminaries will qualify for finals

PLACE	TIMER	PICKER
1 <sup>st</sup>	FCSH	Wilber-Clatonia
2 <sup>nd</sup>	Sterling	Freeman
3 <sup>rd</sup>	Johnson-Brock	HTRS
4 <sup>th</sup>	Parkview	Sterling
5 <sup>th</sup>	Freeman	LCC
6 <sup>th</sup>	Wilber-Clatonia	Diller-Odell
7 <sup>th</sup>	OCA	OCA
8 <sup>th</sup>	Cornerstone	Cornerstone Christian

**SPECIAL NOTES**  
 \*\*All non-competitors not in track uniforms must remain in the stands.  
 \*\*\*Tents and team camps should be set up on the outside of the track. No tents allowed inside the track or on the west side.